

# Rehabilitation Supporting Veterans

## Integrated Recovery at Byron Private

For 10 years Byron Private has been helping veterans find purpose, routine and courage as they transition to their life as a civilian. Our holistic approach includes 1:1 therapy, medical, nutritional, physical and emotional support. Byron Private has a trusted record building a foundational recovery pathway for addiction, PTSD, depression, anxiety and addiction.

## Help With Your DVA Application

We support veterans in completing their DVA funding application for treatment in our program. We aim to streamline the application process and ensure that veterans receive the approval that they need to access necessary support and care.

## Addiction Specialist & Detox Support

On arrival you will receive a medical assessment with our onsite GP. If required, our Addiction Specialist will facilitate a medically supervised detox with 24/7 nursing support.

## Onsite Psychiatrist & Customised Therapy

Within your first week you will have a consultation with our onsite Psychiatrist who will provide a diagnostic and medication review. This informs your customised treatment plan and you will be matched with your individual therapist for the best possible treatment outcomes.

## Non-Clinical Environment

Byron Private provides safety and connection in a small and intimate, non-clinical group setting. With morning beach walks and swims, an abundance of green space, and the support of carers with lived experience, there is no better place to recover.



Connect with us on 1300 174 385 for a confidential discussion.



# Rehabilitation Supporting Veterans

Average  
Accepted  
Conditions  
Per Veteran



On average, veterans have 4 to 5 co-occurring conditions on leaving active duty.

*\*DVA Statistics 2024*

30%

(approx.) of veterans with PTSD also suffer from addictions with alcohol and substances as they try to medicate their distress and symptoms.

Conditions  
we treat at  
Byron Private



ALCOHOL/  
DRUG  
DEPENDENCY



PTSD



ANXIETY



GAMBLING



DEPRESSION



RELATIONSHIP  
BREAKDOWN

## Program Inclusions



Individual  
Therapy



Group  
Therapy



Family  
Therapy



Psycho-  
therapy



Yoga



Spa



Personal  
Training



Equine  
Therapy



Art  
Therapy



Music  
Therapy

5 Steps  
To Your DVA  
Funded Program  
at Byron Private

- 1 Call our compassionate staff for a confidential assessment.
- 2 We support your DVA funding application.
- 3 Your application is approved by DVA over approx. 2 weeks.
- 4 On-site medical detox with 24/7 nursing support, if required.
- 5 Undertake your individual 4-6 week group program.

*“Truly an environment of healing and learning ...I definitely recommend it for Veterans or anyone struggling with PTSD or a history of trauma and associated alcohol or substance abuse issues.”*

- Previous Resident Veteran

CALL NOW



1300 174 385



Hinterland, Byron Bay



byronprivaterehab.com.au

Our partners



If you, or someone you love, is struggling, please call our clinical team for a confidential discussion.